

Recreational Cheer teams are non-school affiliated teams that cheer for an organized sport during the fall or winter season and are attached to a civic-recognized, recreational association, and must not be formed solely for the purpose of competition.

**Recreational Organizations Defined:**

- Non-profit organization
- Volunteer coaches
- Charge no fee other than team registration and competition fees, or fees to cover camps, events, or travel
- Can provide proof of identity by submitting a certificate naming their city and organization as insured party
- (Junior Cheer, Pop Warner, YMCA, Boys and Girls club) organizations generally compete during the playing season from August 1st through December 31st.
- All organizations may choose to compete during the Regular Cheer season from November to January Under the following categories. \*\* Note competition directors may combine categories for award purposes

<p><b>Youth</b> 11 &amp; younger Female/Male 5 -36 members</p>	<p><b>Senior</b> 19 years (but still in 12th grade) &amp; younger Female/Male 5 - 36 members</p>
<p><b>Junior</b> 14 years &amp; younger Female/Male 5 - 36 members</p>	<p><b>Special Needs</b> All Ages Female/Male Unlimited</p>

- The participant's age on July 31st of the current year shall be the participant's age for the coming season
- Routines are limited to two and one-half (2 1/2) minutes.
- The music portion cannot be longer than one and one-half (1 1/2) minutes.
- All routines will be timed (both the music portion and total time.) There will be a ten (10) point deduction for every ten (10) seconds over the maximum time limit.
- Routines consist of cheer, chants, stunts, dance, jumps, and/or tumbling.
- Music may have words, but all must be age appropriate with no profanity or suggestive or offensive language.
- The time starts at the first word or the first beat of music.

**Independent Organizations:** non-school affiliated teams that do not cheer for an organized sport. These teams are formed solely for the purpose of competition and therefore will be classified under All Stars and will follow all USASF rules and divisions for competition. Go to [WWW.USASF.net](http://WWW.USASF.net) for complete rules and divisions

Due to the inherent risks of cheerleading the WSCCA is following the WIAA's lead and all coaches who intend on having their teams stunt must be stunt certified by August 1, 2009. **Excerpt from the WIAA Handbook: 23.3.1.D** Stunt Certification is required for Cheer Coaches who intend to have their cheer squad(s) perform stunts. The certification Program must be approved by either the Washington State Cheer Coaches Association or the WIAA. Coaches must be recertified every three (3) years. Visit [WWW.WSCCA.Com](http://WWW.WSCCA.Com) click on clinics and conferences for clinic times and locations